

Chiral Phthalimides Demonstrated Bactericidal Effect Against Multi Drug Resistant Hyper Virulent Klebsiella Pneumonia

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ABSTRACT

Bacterial resistance to antibiotics is global issue. Many antibiotics which is used is used in common practice against bacterial strain are no more effective against it. Same is the case of hyper virulent *Klebsiella pneumoniae* (hvKp) mostly clinical isolates of this bacteria are multi drug resistant and can cause a verity of infections. Our study aims to screen five novel chiral phthalimides (1, 3 dioxoisindolin-2-yl)-4-methylthiopeonic acid labelled as FIB, 2-(1, 3-dioxoisindolin-2-yl)-4(methylthio) butamic acid (FIC), 2-(1,3dioxoisindolin-2yl)-3 mercaptopropanic acid (FIF) 2-(1-3-dioxoisindolin-2yl)-3(4-hydroxyphenyl) prophanic acid(FIH) and 3-(1, 3 dioxoisindolin-2yl) prophanic acid (FII) against multi drug resistant hvKp and to check its cytotoxic effect against human red blood cells (RBC's). Activity of these compounds were measured through different techniques e.g. Agar well diffusion, disc diffusion and macro broth dilution method. Minimum inhibitory concentration (MIC) of these compounds were measured as well. All five compounds were bactericidal and were observed with different concentration of inhibition e.g. MIC for FIC, FIB, FII, FIF and FIH against hvKp were 6mg/ml, 25mg/ml, 25mg/ml, 50mg/ml and 100mg/ml. This result show that FIC have strong activity against hvKp as compared to other compounds. None of these five compounds were toxic to human RBC's. Chiral phthalimides showed strong antibacterial activity against hvKp and were none toxic to human RBC's.

INTRODUCTION

Klebsiella pneumoniae (Kp) belongs to Enterobacteriaceae family (1). This opportunistic bacterium causes a verity of infections e.g. bacteremia, pneumonia, diarrhea, urinary tract infections (UTI). Factors responsible for virulence in *K. pneumoniae* is lipopolysaccharides(2), capsule (3), siderophores (4,5), fimbriae (6,7), pore forming proteins (8), porins (9), efflux pump system septicemia, meningitis especially in immunocompromised individuals. On the basis of infections *K. pneumoniae* is classified to two types classical and hyper virulent *Klebsiella pneumoniae*(hvKp). In these two strains hvKp is considered as a mutated form of *K.pneumoniae* which is more harmful as compared to the classical one (10). In simple laboratory tests classical strain is differentiated from hyper virulent by a simple "string test" in which a wire loop is touched pneumonia to colony and picked, hyper virulent strain produce string upto 5mm or more (11). Genes responsible for hypermucoviscosity are RmpA and MagA (12) Classical *K.pneumoniae* is known for infections in immunocompromised individuals but hvKp can infect both healthy and immune compromised population (1,13). HvKp cause infections from moderate to extreme level, it can cause pyogenic liver abscess in peoples which may not have any liver infection before exposing to it (14). This strain can also cause skin and delicate tissue infections such as cellulitis, necrotizing fasciitis, myositis and abscess in lungs, kidneys and neck area (15). HvKp can cause community acquired (CAP) (16). Most of clinical isolates of *K. pneumoniae* obtained from different sites of infected of often resistant towards antibiotics used in normal practice against *K. pneumoniae*.

HvKp was first reported in Taiwan and southeast Asia in mid of 1980s and 1990s from there it spread to rest of the world is now one of the leading cause of pyogenic liver abscess in Asia (17). In china hvKp constituted to 37.8 % of nosocomial infections (18). In Canada hvKp is reported in 8.2% of hospitalized patients (19). USA reported hvKp is involved in 6.3% of hospital acquired infections (20). Spain reported hvKp in 5.4% of hospitalized patients(21). South Korea and Japan also reported hvKp from immunocompromised individuals (22). Italian study revealed that *K.pneumoniae* is resistant 85% of β -lactamase inhibitors, several 3rd generation antibiotics like Cephalosporin, 80% of fluoroquinolones, 70% of aminoglycosides and 65% of several folate pathway inhibitors (23). Infections caused either directly or involvement of hvKp are Spleen abscess (24–26) liver abscess (9),

Bacterial peritonitis (17,27) community acquired pneumonia (16,17), complex para pneumonic infusions (28–30), urinary tract infection, bacteremia (27), lemierrre syndrome (31), endophthalmitis (29,32), meningitis (33). As hvKp is becoming a super bug and causing infections globally and is resistant to most of commonly used antibiotics, same is the case in our country Pakistan. Some studies have reported on the resistance issue of hvKp, a study conducted in Islamabad (Pakistan) concluded that 25% of patients having kidney infections and UTI have hvKp infection, in which 33% isolates are multi drug resistant (34). Another study reported a strong increase in ESBL production and resistance in *K. pneumoniae* from 2002 to 2007 (35). A study carried out in Pakistan twenty different antibiotics were applied against Kp obtained from urine samples. percentage of results were observed as Amoxicillin have 0.1% of efficacy which is one of the common antibiotic used against *Klebsiella*, Doxycycline 11.5%, nitrofurantoin 15.5%, Amoxiclave 18.2%, Gentamicin 35.4% and so on (36). *K. pneumoniae* is now resistant towards Colistin which is considered as last line antibiotic against it (32). Another study conducted in 2020 in tertiary care units of Rawalpindi and Islamabad on clinical isolates of hvKp resulted in 36% over all resistance and 59% resistance to azetronam, 55% to gentamicin, 53% to ciprofloxacin, and 38% were resistant to carbapenemases (37). In Khyber Pakhtunkhwa (KPK) Pakistan to observe the resistance pattern of *K. pneumoniae*. A study conducted in Peshawar where clinical samples were taken which resulted in 71% resistance of Kp to 3 or more than three antibiotics in this study 18 antibiotics were applied (38).

Phthalimides are synthetic compounds with chemical formula $C_6H_4(CO)_2NH$. Addition of new sub group form novel phthalimides. they have gained great attention in the field of medicinal chemistry (39). Phthalimides have strong antibacterial activity against both gram positive and gram negative bacteria (40). Phthalimides binds to DNA grove and inhibit its replication (41). Combination of pyrazole 1, 2, 4-triazin, Imidazopyrazole, pyrazolepyrimidine with phthalimides targets DNA gyrase of bacteria (42). It also has antitumor activity as it targets α -TNF and inhibit inflammatory response (43,44). It has strong antifungal activity (45). Folpet is unit of phthalimides that inhibit conidial germination (46). Combination of benzothiazole and phthalic anhydride develop phthalimides which is proved to have strong anti-angiogenic properties (47). Keeping in view the anti-bacterial

potential of phthalimides this study was under taken to report the antibacterial activities of some novel phthalimides against hvKp.

METHODS AND MATERIALS

Study was carried out in Khyber medical university setup IBMS, microbiology laboratory.

Sample collection and culturing: Twenty different samples were collected from pus through sterile cotton swab, were brought to laboratory and cultured on macConkey agar for isolation of gram negative bacteria. Different colonies were obtained which was further sub cultured.

Identification of K. pneumoniae: Identification of K. pneumoniae was done through different biochemical tests e.g. gram stain, catalase, oxidase, triple iron sugar test. For identifying hyper virulent strain, a well-known string test were performed.

Antibiotic susceptibility testing (AST): After isolation of hvKp for isolation of multi drug resistant strain Kirby disc diffusion method was performed. American type of culture collection (ATCC43816) for K. pneumoniae was used as a control in all experiments. Six different antibiotics were applied on isolated and identified strain e.g. Norfloxacin 10µg (NOR), Erythromycin 15µg (E), ceftriaxone 30µg (CRO), amoxicillin+ clavulanic acid 30µg (AMC), Sulphamethaxazole + trimethophm 25µg (SXT), Nacdixic 30µg (NA).

Antibacterial activity of chiral phthalimides against hvKp: After isolation of MDR strain from hvKp five novel chiral phthalimides (1, 3 dioxoisindolin-2-y1)-4-methytopheonic acid labelled as FIB, 2-(1, 3-dioxoisindolin-2y1)-4(methythio) butamic acid (FIC), 2-(1,3dioxoisindolin-2yl)-3 meracaptopropanic acid (FIF) 2-(1-3-dioxoisindolin-2yl)-3(4-hydroxyphenyl) prophanic acid (FIH) and 3-(1, 3 dioxoisindolin-2yl) prophanic acid (FII) were applied on four different procedures e.g. Agar well diffusion, Disc diffusion method. Minimum inhibitory concentration of 5 different chiral phthalimides were measured with two different techniques e.g. Macro broth dilution and 96 wells plates method. Minimum bactericidal effect of these compounds were measured as well.

Agar well diffusion: Lawn was prepared through sterile cotton swab from bacterial solution compared with 0.5 McFarland standard inside biosafety cabinet. Wells were prepared on Muller Hinton agar (MHA) media through cork borer and different concentration of testing compounds were applied with same volume. Then plates were incubated for 24hrs on 37°C.

Discs diffusion method: Lawn was prepared on MHA plates from hvKp inside biosafety cabinet in sterile condition. Blank disc cartages are available commercially which can absorb 20µl of liquid test compounds, after adding test compounds to discs it is incubated for 30 minutes to become dry. Then it is applied on plates containing prepared lawn and properly labeled and incubated for 24hrs on 37°C.

Macro broth dilution: Minimum inhibitory concentration was measured against hvKp through macro broth dilution method in which sterile test tubes were used 3ml of Luria-bertani (LB) broth medium was poured to each tube in biosafety cabinet. Procedure was performed according to CLSI guide lines. Four different volumes (80, 60, 50 and 20µl) and four different concentrations (100,50,25,12mg/ml) was used. 24hrs fresh culture was taken and a standardized bacterial suspension of 0.5 McFarland's turbidity was added to each tube containing different volume and concentration of test compounds. Positive control (antibiotic free medium) and negative control (medium with antibiotic) was added. Tubes were properly covered with aluminum foil and were incubated for 24hrs at 37°C. This experiment was performed in triplicate to result average of it.

Micro broth dilution: In this assay 96 wells plate was used. 24 hrs fresh culture was used and 100µl of LB broth and 100µl of test compounds with different concentrations e.g. (200,100,50,25,12 and 6mg/ml) were added to each well. Culture suspension was compared to 0.5 McFarland standard. Positive control was well with bacterial suspension and L-B broth and negative was well with

antibiotic disc. After this plates were kept in shaking incubator at 73°C for 24 hrs.

Minimum bactericidal concentration: This experiment is performed for novel drugs, compounds or extracts, mostly after performing MIC to find out either these compounds are bacteriostatic or bactericidal. After observing inhibition in 96 wells plate after 24hrs, plates were opened in biosafety cabinet to assure aseptic conditions. A sterile disposable wire loop was dipped in each well and was streaked on macConkey agar which is ideal media for hvKp (gram negative). Same procedure was followed for wells of positive and negative controls. After culturing plates were incubated on 37°C for 24 hrs.

Cytotoxicity: This is in vitro technique which is performed for every novel drug, compound or extract before it is introduced in vivo. In this experiment compounds were applied to human RBC's to check either it is toxic for human cells or not. Fresh blood was taken from healthy human (voluntarily) and was added to EDTA tubes to avoid clotting. Centrifugation was done on 3000rpm for 3 minutes to get RBC's. After centrifugation supernatants (plasma) was discarded, normal saline was added to tube and centrifuged again to get clear RBC's this step is performed 2-3 times. After 2-3 times of washing clear RBC's are obtained from which 200µl was added to a sterile tube containing 9.8ml of normal saline which makes 10ml solution. This solution is mixed and 100µl from prepared solution and 100µl of test compounds were added to sterile epidroff tube which makes 200µl solution. Positive control (0.5% triton X) and negative control as (saline) was added as well. Then the tubes are incubated for 1 hour in 37°C. After incubation epidroff tubes containing solution were centrifuged on 10,000 rpm for 10 minutes and then its supernatants were collected and dispensed into cuvettes of spectrophotometer. Results can also be observed through Elisa reader or direct microscopy to observe ruptured cells.

RESULTS

Culturing: After sub culturing on nutrient agar pale mucoid colonies were obtained, on blood agar shiny white colonies were obtained and on macConkey agar pink mucoid colonies were obtained.

Identification: After gram stain microscopy pink rods were observed which is indication for K. pneumoniae. Triple sugar iron test results yellow butt yellow slant with no H₂S production and gas production which is strong indication of K pneumoniae. Further for catalase it resulted positive and negative for oxidase. String test results positive for our selected strains.

Antibiotic susceptibility test (Kirby disc diffusion method): In antibiotic sensitivity test our obtained strain was resistant to Norfloxacin, ceftriaxone, amoxicillin +clavulanic acid, Sulphamethaxazole + trimethophm, Erythromycin and Nacdixic, while ATCC was sensitive to all as it was used as control.

Anti hvKp activity of chiral phthalimides

Agar well diffusion: All results were counted with diameter of well included. Zones were measured with scale. Table 1 represents numerical data of this experiment.

Table 1: Agar well diffusion,

Concentration	100mg/ml hvKp	ATCC	50mg/ml hvKp	ATCC
Zone of inhibition (mm)				
FIH	21	23	20	21
FIB	20	21	16	17
FIC	17	19	15	16
FIF	16	17	11	13
FII	14	15	14	15

Significant activity (18mm) Good activity (16-18mm) Low activity (13-15mm) non-significant (9-12mm) No activity is below 9.

Disc diffusion method: Disc prepared from chiral phthalimides have no zones of inhibition it may be because of very less amount of absorption of compounds.

Minimum inhibitory concentration (MIC): For checking MIC of compounds or drug different techniques can be used we used 2 different techniques agar test-tube method and 24 wells plate method.

Macro broth dilution

Table 2: Macro broth dilution

Volume	80µl			60µl			50µl			20µl		
Concentration	100mg/ml	50mg/ml	100mg/ml	50mg/ml	25mg/ml	12mg/ml	100mg/ml	50mg/ml	100mg/ml	50mg/ml	25mg/ml	12mg/ml
FII	-	-	-	-	-	-	-	-	-	-	-	-
FIC	-	-	-	-	-	-	-	-	-	-	-	-
FIH	-	-	+	+	+	+	+	+	+	+	+	+
FIF	-	-	-	-	-	-	-	-	-	-	-	-
FIB	-	+	+	+	+	+	+	+	+	+	+	+

Note; In this table negative (-) show inhibited growth while positive (+) show occurred growth.

Micro broth dilution method

96 wells plate method: In this technique sterile 96 wells plate was used and six different concentrations of compounds with same volume was used table 3 represents results of 96 well plate method.

Table 3: 24 wells plate method

Concentrations	200 mg/ml	100 mg/ml	50 mg/ml	25 mg/ml	12 mg/ml	06 mg/ml
FII	-	-	-	-	+	+
FIC	-	-	-	+	+	+
FIH	-	+	+	+	+	+
FIF	-	-	-	+	+	+
FIB	-	-	-	-	+	+

Note; In this table negative (-) represent no growth while positive (+) represent growth. Control were observed with desired and accurate results.

Minimum bactericidal effect (MBC)L For conformation of our compounds that either it is bactericidal or bacteriostatic we performed MBC. All of our used compounds were bactericidal at different concentration mentioned in table 4.

Table 4: Minimum bactericidal effect.

Concentrations	200mg	100mg	50mg	25mg	12mg	06mg
FII	-	-	-	-	+	+
FIC	-	-	-	-	-	+
FIH	-	-	+	+	+	+
FIF	-	-	-	-	+	+
FIB	-	-	+	+	+	+

Note; In this table negative (-) represent no growth while positive (+) represent growth

This table show that 25mg/ml FII, 12mg/ml FIC, 100mg/ml FIH, 100mg/ml FIF, 100mg/ml FIB is bactericidal for hvKp.

Cytotoxicity: Cytotoxicity can be observed through different techniques e.g. spectrophotometer, Elisa reader and direct microscopy. In direct microscopy no ruptured RBC's were observed. Results of Spectrophotometer is mentioned in table 5.

Table 5: Cytotoxicity

Compounds tags 100-200µg/ml	Percentage of hemolysis	Remarks
FII	4%	Non toxic
FIH	3%	Non toxic
FIB	4%	Non toxic
FIC	2%	Non toxic
FIF	1%	Non toxic

More than 5% is considered as hemolytic, 2-4% is considered slightly hemolytic, less than 2% is non hemolytic.

DISCUSSION

Bacterial resistance is increasing day by day which is a serious threat to health throughout the world. Bacterial strain adopts different techniques to become resistant e.g. efflux pump, ESBL production, capsule and many more. In our study we observed multi drug resistant hvKp strain which have strong correlation with

Broth Test-tube method: In this experiment nutrient broth was used in same volume 3µl in each test tube. 4 different volumes e.g. 80,60,50 and 20 µl and 4 different concentrations e.g.100,50,25 and 12mg were used in this experiment table 2 show results of this experiment.

liver abscess(48). *K. pneumoniae* is part of normal flora but is opportunistic pathogen and can cause a verity of infections (45,49,50). Phthalimides in combination with other subunits have many therapeutic activities like antibacterial, antifungal, antiparasitic, anti-inflammatory and many more. (95,83,91). In our study we screened five novel chiral phthalimides against MDR hvKp to evaluate its antibacterial and cytotoxic effect against human RBC's. Compounds were tagged according to formula e.g. FIC, FIB, FII, FIH, FIH. These compounds were applied through different techniques to check its antibacterial activity against hvKp e.g. Agar well diffusion, disc diffusion, macro broth dilution. American type of culture collection(ATCC43816) was used a control in each experiment. Chiral phthalimides resulted in strong antibacterial effect against MDR hvKp at varying concentration which supports study of Rua-B-aluman and H-Jelali that phthalimides have antibacterial activity (51,52). Minimum inhibitory concentration of these compounds were done through 96 wells plate method in which we find out MIC for FIC 6mg/ml, FIB 25mg/ml, FII 25mg/ml, FIF 50mg/ml and FIH 100mg/ml. A study conducted in Poland performed same technique for MIC(53). None of our compounds was toxic to RBC's in cytotoxicity experiment saline was used as positive and 0.5% triton X as positive control with accurate result (49).

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