

# Role of Haematological Parameters and Oxidative Stress in Malarial Patients

SALEEM AKHTAR<sup>1</sup>, ZAINAB IQBAL<sup>2</sup>, IQRA SHAHNWAZ<sup>3</sup>

<sup>1</sup>MO at DHQ hospital Bhakkar

<sup>2</sup>WMO at BHU 132 9L Sahiwal

<sup>3</sup>Women Medical Officer, BHU Dera Afghana, Narowal

Corresponding author: Saleem Akhtar, Email: Saleemakhtar12@gmail.com

## ABSTRACT

**Introduction:** Malaria has been in existence for so long and is responsible for worrisome health and economic impact in different parts of the world.

**Objectives:** The main objective of the study is to find the haematological parameters and oxidative stress in malarial patients.

**Material and methods:** This cross sectional study was conducted in DHQ Hospital Bhakkar during 2020 to 2021. The data was collected from 200 male and female patients. Participants remembered for the review were under-5-year-old youngsters, either conceded in the kids' ward or going to any center on short term premise.

**Results:** The information was gathered from 200 malarial patients. There was a genuinely huge decrease in hemoglobin ( $p < 0.005$ ), platelet count ( $p < 0.001$ ) and all out leukocyte count ( $p < 0.001$ ) levels in patients with malaria contrasted with patients without the sickness. The level of neutrophils in the subjects with malaria was fundamentally higher ( $p < 0.005$ ) than in the non-malaria bunch.

**Conclusion:** It is inferred that Low platelet count is a trademark finding of malarial contamination and thrombocytopenia might be more normal than weakness in intense malaria disease.

## INTRODUCTION

Malaria has been in existence for so long and is responsible for worrisome health and economic impact in different parts of the world. The overwhelming effect of malaria is more felt by the occupants of sub-Saharan Africa. In spite of all endeavors set up by states, contributors, and analysts, malaria keeps on enduring, bringing about the passings of kids under five, pregnant ladies (who are the most weak gathering), and even grown-ups dwelling in sub-Saharan Africa [1].

ever malaria is a significant reason for dismalness and mortality of kids in agricultural nations including India. It represents ~2 million passings each year overall [2]. Malaria actuates the resistant arrangement of the body accordingly causing arrival of responsive oxygen species (ROS, for example, superoxide revolutionaries, hydrogen peroxide, hydroxyl revolutionary, lipid peroxides and other related species by enrolled initiated monocytes and neutrophils as an antimicrobial activity. Likewise, parasite additionally animates specific cells in the development of ROS bringing about hemoglobin corruption [3]. Postma et al. revealed useful impact of oxidative pressure in fighting against intraerythrocytic parasites in kids with serious malaria. The collection of natural peroxides and lipid peroxidation items put a weight on cell imperativeness, prompting sub-atomic and cell obliteration and subsequently assume a part in pathogenesis of malaria. In spite of the fact that Crammer et al. had detailed assurance against serious malarial sickness in patients having high blood levels of nitric oxide (NO), it might add to pathophysiology of cerebral malaria and extreme iron deficiency [4].

Among blood diseases, malaria is the most boundless, a worldwide danger and possibly a general medical issue of the jungles with its dismalness and mortality at unsatisfactory significant levels in the locale [5]. As per World Health Organization concentrate on bunch malaria is a significant enemy of humankind and is answerable for 300 to 500 million clinical cases and 1.5 to 2.7 million passings each year [6]. Somewhere in the range of 270 million new instances of malaria happen each extended period of which 95% are accounted for from these areas. Falciparum and vivax malaria are significant medical conditions in Pakistan. Somewhat recently there has been a six overlay expansion in falciparum malaria, which currently involves 42% of all malaria cases recorded by National Malaria Control Program [7]. Something like 39 areas, primarily from the two southern regions of Balochistan and Sindh, have been grouped at high

gamble, mostly because of the feeble general wellbeing framework [6].

**Objectives:** The main objective of the study is to find the haematological parameters and oxidative stress in malarial patients.

## MATERIAL AND METHODS

This cross sectional study was conducted in DHQ Hospital Bhakkar during 2020 to 2021. The data was collected from 200 male and female patients. Participants remembered for the review were under-5-year-old youngsters, either conceded in the kids' ward or going to any center on short term premise. The patients were clinically assessed and those associated with having malaria (paying little heed to admission of antimalarial drugs or not) were chosen to go through testing by microscopy and RDT after an educated composed assent has been endorsed by the guardians/parental figures and consent acquired from the members. Good and bad blood film was finished every example, in three-fold, on a similar glass slide. The dried flimsy film was fixed in outright methanol momentarily, air dried and stained with 10% Giemsa. The dried smear was then analyzed for presence of Plasmodium parasites. The parasites were along these lines recognized to the species level and measured per  $\mu$ l of blood and rate RBC tainted agreeing WHO rules. Parasites were measured per 200 WBCs counted utilizing the patients' all out WBC per  $\mu$ L of blood. An aggregate of 500 WBCs were included in bad contaminations. Each slide was twofold checked by a dazed ensured malaria microscopist and in instances of conflicting outcomes; a third assessment was conclusive. The information was gathered and investigated utilizing SPSS rendition 19.0. Every one of the qualities were communicated in mean and standard deviation.

## RESULTS

The information was gathered from 200 malarial patients. There was a genuinely huge decrease in hemoglobin ( $p < 0.005$ ), platelet count ( $p < 0.001$ ) and all out leukocyte count ( $p < 0.001$ ) levels in patients with malaria contrasted with patients without the sickness. The level of neutrophils in the subjects with malaria was fundamentally higher ( $p < 0.005$ ) than in the non-malaria bunch. The mean monocyte include was low in subjects with malaria however higher contrasted and the controls ( $p < 0.001$ ). Red cell conveyance width values were surveyed and viewed as higher in patients with malaria than in patients without malaria.

Table 1: Baseline characteristics of hematological parameters in patients with and without malaria.

Parameters	With Malaria (N=200)		p-value
	Mean±SD	95% CI	
Hb (g/dl)	9.8 (2.71)	9.4-10.2	<0.005
TLC(X10 <sup>9</sup> /L)	4.9 (2.62)	4.5-5.3	<0.001
Neutrophils (%)	68 (12.37)	66.1-69.8	<0.005
Lymphocyte(%)	22.4(7.21)	21.3-23.4	<0.001
Monocyte (%)	2.3 (0.26)	2.2-2.3	<0.001
Platelets(X10 <sup>9</sup> /L)	0.90 (0.42)	0.84-0.96	<0.001
RDW (%)	16.4 (4)	15.8-17	<0.001

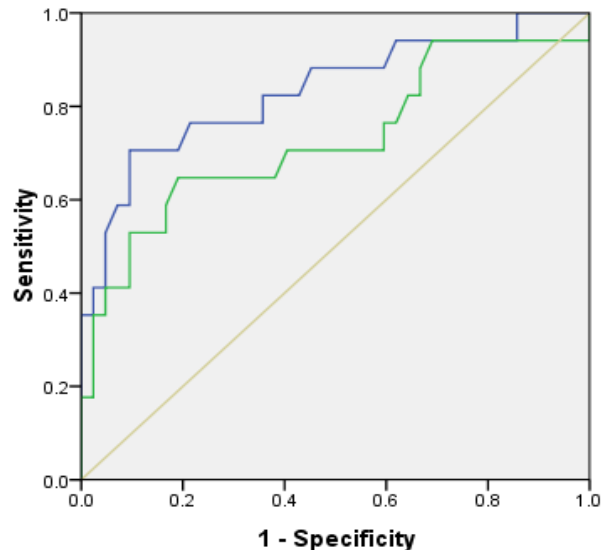


Figure 1: ROC curve of sensitivity and specificity in patients

## DISCUSSION

Malaria is a major health problem in the tropical and temperate regions of the world which poses a significant burden on health expenditure. In India, it isn't simply bound to the country regions but on the other hand is uncontrolled in the metropolitan areas. Speedy and precise analysis is basic towards the successful administration of malaria. The worldwide effect of malaria has prodded interest in creating viable indicative techniques not just for asset restricted regions where malaria is a significant weight on society, yet additionally in created nations, where malaria analytic mastery is frequently missing [8].

Albeit the different test responsiveness in the dry and in the stormy season might be astonishing, this distinction has all the earmarks of being caused as a rule by the different mean parasite thickness in the two seasons: assuming that the examination is separated for parasite thickness, the awareness is practically the same in the two seasons. The general responsiveness was lower than 95%, the negligible level suggested by the WHO [9]. In any

case, most misleading adverse outcomes happened at the least parasite thickness. North of 400 parasites/ $\mu$ l the awareness was higher than 95% and moved toward 100 percent north of 4,000 parasites/ $\mu$ l. Leaving without treatment patients with bogus adverse outcomes at low parasite thickness may be moderately innocuous. Niama-Meya et al in Uganda showed that the missed treatment for patients with a bogus negative malaria microscopy never brought about extreme infection [10].

## CONCLUSION

It is inferred that Low platelet count is a trademark finding of malarial contamination and thrombocytopenia might be more normal than weakness in intense malaria disease. Regularly utilized lab discoveries, for example, hemoglobin, leukocyte and platelet counts and, surprisingly, red cell conveyance width values can give a symptomatic piece of information in a patient with intense febrile sickness in endemic regions, consequently expanding the likelihood of accurately diagnosing malaria and improving brief commencement of therapy.

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