

ORIGINAL ARTICLE

To Determine the Degree of Agreement between Ki67 and Histopathology to Differentiate between Hydatidiform Mole and Hydropic Abortus

MARIYA MANZOOR¹, HASEEB AHMED KHAN², SABIHA RIAZ³, IMRANA TANVIR⁴, ATIYA BATTOOL GARDEZI⁵, ABDUR REHMAN⁶

^{1,2,5}Pathology Department, FMH College of Medicine & Dentistry, Lahore

³Professor of Pathology, FMH College of Medicine & Dentistry, Lahore

⁴Department of Pathology, King Abdul Aziz University, Jeddah

⁶Medicine Department, CMH, Kharian

Correspondence to Dr. Mariya Manzoor, Email: mariyafmh@gmail.com tel. 03336539919

ABSTRACT

Aim: To determine the degree of agreement between Ki67 and histopathology to differentiate between hydatidiform mole and hydropic abortus.

Methods: Descriptive, Cross Sectional Survey was conducted in the Department of Pathology, Fatima Memorial Hospital, Lahore during 6 months (May 11, 2016 to Nov 11, 2016). Using non-probability consecutive sampling, 105 cases were included in this study as per the inclusion and exclusion criteria. 10% buffered formalin was used to fix the specimens. Gross examination and staining with Hematoxylin and Eosin was done. The cases were diagnosed by a histopathologist. IHC staining Ki67 was performed, assessed by histopathologist and the data was recorded on the proforma.

Results: The mean age was 27.79±5.81 years with minimum and maximum ages of 18 years and 42 years respectively. The histopathological findings showed hydatidiform mole in 41 (39%) women and hydropic abortus in 64(61%) women. The Ki67 was reported to be >25 in 41(39%) patients and less than or equal to 25 in 64(61%) patients. The agreement of differentiation in the two types for histopathology and Ki67 was found in 101(96.2%) patients. Kappa statistics showed 92% (p-value= 0.000) strength of agreement between histopathology and Ki67.

Conclusion: There is high degree of agreement between Ki67 and histopathology for differentiation of hydatidiform mole and hydropic abortus. So Ki67 can be used as an adjacent in histopathologic diagnosis of hydatidiform mole in difficult cases.

MeSh words: Hydatidiform Mole, Immunohistochemistry, Ki-67 Antigen

INTRODUCTION

Hydatidiform mole (HM) is a gestational trophoblastic disease (GTD) characterized by proliferation of trophoblastic cells and enlarged, edematous placental villi. HM is subdivided into complete hydatidiform mole (CHM) and partial hydatidiform mole (PHM). Their main differential diagnosis is with early non molar hydropic abortus (HA). Their diagnosis has been conventionally based on histopathology¹⁻³. HM should be correctly diagnosed and subclassified, as persistent GTD and choriocarcinoma is a significantly higher risk in these conditions⁴⁻⁶. The risk of persistent GTD in CHM is 15% – 25% and in is 0.2%–5% in PHM. The risk of choriocarcinoma in CHM is 3-5%. The risk is even higher in women less than 20 years of age.⁷ HA has no such risk at all, therefore the differentiation between these conditions is very significant.⁸ The occurrence of GTD varies worldwide. It is more frequent in South East Asia compared to the western countries. GTD occurs in approximately 1:3000 in U.K and USA. The reported incidence of GTD in Pakistan is 28/1000 live births.⁹ Similarly, the rate of complications in HM is reported more frequently in Asian countries as compared to the western countries. The complications were noted in 1:100 in Indonesia, compared to 1: 1500 pregnancies in USA⁹.

The histologic features differences between CHM and PHM are very subtle^{10,11} and often result in difference of opinion between even the experienced pathologists⁴. In addition, this difficulty in diagnosis is also compounded by the fact that HM are nowadays evacuated in early pregnancy, when the histologic features are not fully developed. Hydropic abortus can also have similarity of microscopic features with enlarged villi and focal trophoblastic proliferation. This leads to increased diagnostic difficulties and interobserver variability^{12,13}.

Ancillary techniques like immunohistochemistry have been proved useful in accurately diagnosing different pathologic conditions. This technique may also help to confidently sub-classify complete mole, partial mole and hydropic abortus. Ki67, an immunohistochemical stain, is a proliferation marker which is used

to differentiate lesions with different malignant potentials^{14,15}. Previous literature suggests that Ki67 can be used to differentiate hydropic abortus from HM¹⁵. However, data regarding Ki67 immunostaining in HA and HM has not been studied in our population.

The purpose of my study was to determine the degree of agreement between Ki67 and histopathology for diagnosis of HM and HA. This can help us in accurate diagnosis in difficult cases and will also help in accurate assessment of risk of persistent GTD and choriocarcinoma for these patients.

METHODS

This cross sectional study was carried out in the Department of Pathology, Fatima Memorial Hospital Lahore after taking permission from the hospital ethical committee. We included a total of 105 cases of endometrial curettings diagnosed as HM and HA on histopathology. A case number was assigned to each case. Demographic details were collected. As per the departmental protocols, 10% formaline was used to preserve the specimens, which were then examined grossly and microscopically after staining with the routine Hematoxylin and Eosin (H&E) stains. The cases were diagnosed by a consultant histopathologist. IHC staining of Ki67 was performed on all of these cases, according to the procedure specified by the manufacturer. IHC staining expression was assessed by consultant histopathologist and the acquired data was recorded.

The collected information was entered and analyzed by using computer software SPSS version 18. The quantitative variables like age was presented as mean ± standard deviation. The qualitative variables like HM and HA on histopathology and Ki67 and their agreement was presented in the form of frequencies and percentage. Kappa statistics was calculated to see the strength of agreement between histopathology and Ki67 in differentiating HM and HA.

RESULTS

The mean age in our study was 27.79±5.81 years with minimum and maximum ages of 18 years and 42 years respectively. There were 77(73.3%) women in age category of 18-30 years and 28 (26.7%) in 31-42 years age category. The histopathological

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findings showed HM in 41 (39%) women and HA in 64 (61%) women. The Ki67 was reported to be >25 in 41 (39%) patients and less than or equal to 25 in 64 (61%) patients (Table-1). The agreement of differentiation in the two types for histopathology and Ki67 was found in 101 (96.2%) patients (Table-2). Kappa statistics showed 92.0% (p-value= 0.000) strength of agreement between histopathology and Ki67 (Table-3).

Table 1: Findings of Ki 67 staining

	Frequency	Percent
>25%	41	39.0
≤ 25%	64	61.0
Total	105	100.0

Table 2: Diagnostic agreement in Findings of Ki 67 staining and histopathology findings

	Frequency	Percent
Yes	101	96.2
No	4	3.8
Total	105	100.0

Table 3: Comparison of Ki 67 staining and histopathology findings

Ki 67 staining	Histopathology results		Total
	Hydatidiform mole	Hydropic abortus	
>25%	39(95.1%)	2(3.1%)	41(39%)
≤ 25%	2(4.9%)	62(96.9%)	64(61%)
Total	41(100%)	64(100%)	105(100%)

Kappa statistics = 0.92 , p-value < 0.001

DISCUSSION

GTD include a variety of morphologically and prognostically different conditions ranging from malignant (e.g. choriocarcinoma) and premalignant (e.g. HM) to non-neoplastic conditions (e.g. exaggerated placental site).^{16,17} CHM represents abnormal placentation due to abnormal fertilization of an empty egg by either a single spermatozoon (in most cases) or by two spermatozoa (less commonly). Therefore, it results predominantly into 46XX karyotype.^{1, 12} PHM on the other hand, is associated with an ascertainable embryo/fetus, dead or alive, alongwith a triploid karyotype, as its usual pathophysiology is abnormal fertilization of a normal ovum by two spermatozoa.^{1,15}

South Asia has a higher incidence of HM as compared to the western countries. In Pakistan, this incidence has been reported as 28 per 1000 pregnancies in one study⁹ and 5 per 1000 pregnancies in another study.¹⁸ Marked variation of incidence is seen in different areas of the world and different ethnic populations. Maternal age, previous history of HM, environmental, reproductive and socioeconomic factors have been linked to increased risk of development of HM.^{9,18,19} The incidence has been rising even among the developed countries. The risk of development of HM is considerably higher in females over 50 or under 15, as compared to those between the ages of 25 and 29. This risk is also increased in later gestations, being 1 in 76 for second HM and 1 in 65 for third HM.²⁰

Histologically, HM are characterized by enlargement of villi and trophoblastic proliferation. The microscopic differentiation between CHM and PHM is aided by specific features, including villous size heterogeneity, extent of trophoblastic proliferation, presence or absence of cistern formation, scalloping of borders and fetal parts. Hydropic abortus (HA) is a benign entity, which is also a differential diagnosis of HM. HA also shows edematous, dilated villi and can have focal trophoblastic hyperplasia.^{1,21}

Ultrasound is commonly used to diagnose HM, but it is not reliable and many cases of CHM and PHM can be missed on ultrasound. Histologic examination remains the key to accurate diagnosis in all cases of miscarriage.^{21,22} Accuracy of diagnosis of HM versus HA is very important for correct treatment and prognosis determination. Although there are differentiating histologic features reported in literature to distinguish between

these entities, however, these features often overlap and practically the diagnosis is not as straight forward on histology alone. It often leads to confusion and difference of opinion between pathologists.^{23,24} Molar pregnancies are often evacuated early nowadays, when the histologic features are not fully developed, which adds to the diagnostic difficulty.²³

As not many local studies establish status of any of these two tools for diagnosis, we aimed to determine the degree of agreement between Ki67 and histopathology for diagnosis of HM and HA. In our study the mean age of patients was 27.79±5.81 years with minimum and maximum ages of 18 years and 42 years respectively. There were 77(73.3%) women in age category of 18-30 years and 28 (26.7%) in 31-42 years age category.

A previous local study and many international studies have evaluated the use of p57 immunohistochemical stain and found it useful to distinguish between CHM and PHM.^{3,11,25} However, this stain cannot be used to differentiate between PHM and HA as it is positive in both of these entities.²⁵ Genotyping can also be used to classify HM into CHM and PHM, and to distinguish it from HA, but it is a costly technique and not easily available to our population in Pakistan.^{1,25}

Previous studies on Ki67 staining in CHM, PHM and HA have yielded variable results. They have used different percentages of cells as positive cut offs. The difference in positivity of Ki67 was found to be better than p63 and p53 immunohistochemistry in order to differentiate between PHM and PA in a previous study.²⁶ Another immunohistochemical study compared Ki67 with proliferating cell nuclear antigen (PCNA) and found Ki67 to be better to differentiate PA from PHM and CHM.²⁷ Another recent study found difference of Ki67 expression between CHM (72.1%) and HA (46.2%)²⁸. The findings in these studies is similar to our study, however, these studies used different cut-offs for positive and negative staining, and the staining was performed on archival tissues which often yields different results as compared to routine specimens in which the tissue are recently processed.

In our study the histopathological findings showed HM in 41(39%) women and HA in 64(61%) women. The Ki67 was reported to be >25 in 41(39%) patients and less than or equal to 25 in 64 (61%) patients. The agreement of differentiation in the two types for histopathology and Ki67 was found in 101(96.2%) patients. Kappa statistics showed 92% (p-value= 0.000) strength of agreement between histopathology and Ki67. The agreement of diagnosis was observed in 73 (72.2%) patients in age group of 18-30 years and 28(27.7%) in 31-42 years of age. There was no significant association between the age groups and agreement of diagnosis.

CONCLUSION

There is high degree of agreement between Ki67 and histopathology for differentiation of HM and HA. So Ki67 can be used as an adjunct in differentiating HM from HA in difficult to diagnose cases.

Conflict of interest: Nil

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