

ORIGINAL ARTICLE

Prevalence of Colorectal Carcinoma With Respect to Age and Gender

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ABSTRACT

Aim: Prevalence of colorectal carcinoma with respect to age and gender**Study design:** Observational / cross sectional study.**Place and duration of study:** This study was conducted at the Department of Pathology and Surgery, Post Graduate Medical Institute Lahore and Jinnah Medical College Peshawar from July, 2013 to February, 2015**Methodology:** Surgical specimens of 60 histopathologically diagnosed cases of colorectal adenocarcinoma were included in this study. Age and sex were evaluated in CRC.**Results:** The mean±sd of age was 54.4±19.7 yrs. Out of 60 cases, 6 (10%) were between 16-29 yrs, 9 (15%) cases were between 30-49 yrs, 34 cases (56.7%) were of 50-69 yrs and 11 cases (18.33%) were of 70 yrs. Out of sixty cases, males were 33 (55%) and females were 27 (45%).**Conclusion:** There are 34 out of 60 (56.7%) patients were 50-69 years and 33 out of 60 (55%) cases were males i.e. males dominance.**Keywords:** Colorectal adenocarcinoma, immunohistochemistry, gender

INTRODUCTION

CRC is one of the four most common tumors in adult male and female in the USA⁴ and 2nd leading reason of death after lung tumor in male and breast tumor in female¹. It is one of the most common cancers diagnosed worldwide⁷.

It is the sickness of old age with the maximum prevalence in the 8th decade of life⁵. It is infrequent in young age group and is seen in 1 individual per 1 million younger than 20 years in United States annually².

Although it is considered to be a disease of old people, a noticeable proportion of patients are seen below forty years of age⁶.

METHODOLOGY

The study was done in PGMI, Lahore & JMC and duration was from July 2013 to February 2015. Written informed consent was taken and was approved by the ethical committee. The patients having colorectal adenocarcinoma were selected with both gender and in all ages. The patients already on chemotherapy and radiotherapy were excluded. 60 colorectal adenocarcinoma cases were included in this study. Data was analyzed by using SPSS version 20.

RESULTS

Table 1: Age Distribution

| Age (yrs) | n | %age |
|-----------|----|-------|
| 18-29 | 06 | 10% |
| 30-49 | 09 | 15% |
| 50-69 | 34 | 56.7% |
| >70 | 11 | 18.3% |
| Total | 60 | 100% |

Table 2: Sex Distribution

| Gender | n | %age |
|--------|----|------|
| M | 33 | 55% |
| F | 27 | 45% |
| Total | 60 | 100% |

M : F ratio = 1.2 : 1

Fig. 1 Gender Distribution

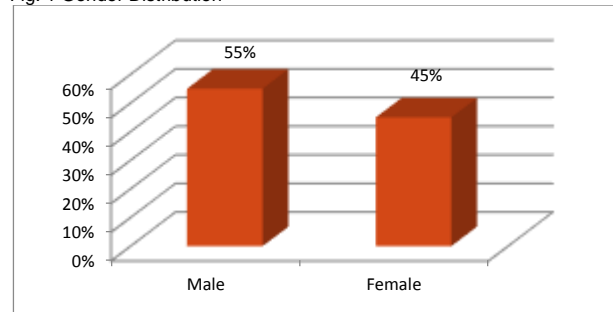


Fig 2: Age distribution

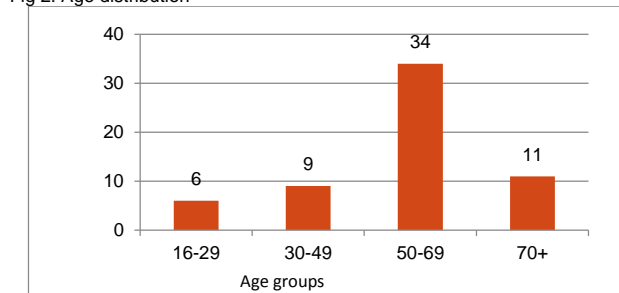


Table 3: Sex distribution WRT Grade

| Sex | Grade | | Total |
|-------|--------------|------------|-------|
| | Low (I & II) | High (III) | |
| M | 22 | 11 | 33 |
| F | 19 | 08 | 27 |
| Total | 41 | 19 | 60 |

Chi Square test – 0.759 (NS)

Table 4: Sex distribution & CK20/CK7

| Gender | CK20* | | CK7** | |
|--------|-------|-----|-------|-----|
| | (+) | (-) | (+) | (-) |
| M | 26 | 07 | 06 | 27 |
| F | 21 | 06 | 05 | 22 |
| Total | 47 | 13 | 11 | 49 |

*Fisher Exact Test (CK20) = 0.585 (NS)

**Fisher Exact Test (CK7) = 0.615 (NS)

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DISCUSSION

Colorectal carcinoma is one of the most common cancers diagnosed worldwide⁷. It is the sickness of old age with the maximum prevalence in the 8th decade of life⁵. It is infrequent in young age group and is seen in 1 individual per 1 million younger than 20 years in United States annually². Although it is considered to be a disease of old people, a noticeable proportion of patients are seen below forty years of age⁶.

In this study, the mean±sd of age was 54.4±19.7 yrs. Out of 60 cases, 6(10%) were between 16-29 yrs, 9(15%) cases were between 30-49 yrs, 34 cases (56.7%) were of 50-69 yrs and 11 cases (18.33%) were of 70 yrs. Out of sixty cases, males were 33(55%) and females were 27(45%). M:F ratio is 1.2:1.

In a study conducted by Hernandez et al³ on 286 patients of colorectal adenocarcinomas, male to female ratio was 1.7:1 and the peak incidence age was 50 to 69 years.

CONCLUSION

There were 34 out of 60 (56.7%) patients having 50-69 years and 33 out of 60 (55%) patients were males i.e. males dominance.

Conflict of interest: Nil

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