

Readdressing the Health Problems on National Level

Health maintenance is one of the major national issue of Pakistan. It should be noted that any important issue can only be addressed by achieve involvement of community.

For public awareness it is necessary that school children are made aware of basic health principals and their curriculum plus activity is subjugated with basic health problems and activities. The students can also be activated to help carry out health missions in local population.

In 1960s Health Brigade was developed in Public Schools in Pakistan. The students were trained to help people getting any injury to take them to nearby hospital or even help to clean and cover the injury.

In Pakistan we can develop youth to coordinate for identification of basic health problems and providing good health facilities. Nutrition is an important issue for today because children are directed to eat anything that they find in reach; ignoring basic requirements.

Cleanliness is another health issue of society which can be addressed by awareness in youth. In every society groups may be developed to identify the issues and their resolution.

A special monitoring group of young medical professional should be developed to identify the basic health problems and their active resolution.

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